



**KAIVALYADHAMA**  
Where Yoga tradition and Science meet

**100**  
YEARS

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13th June, 2023

Sub : Celebration of the IDY 2023

Namaste !

*Respected Prof. Kulkarni Sir,*

Kaivalyadhama together with the University of Mumbai and H(S)NC Board and has been celebrating the International Day of Yoga since 2014. This year too , we propose following plan

1. 300 Students may be encouraged to log in to <https://www.kdhamstudy.com/courses/cyp-course> and do online completion of the CYP protocol foundation course. An online certificate will be issued upon completion of this.
2. We would be conducting training program for three days on CYP at Kaivalyadhama Mumbai from 18<sup>th</sup> to 20<sup>th</sup>.
3. Out of the total students enrolled, the college can nominate 10 from each college who would participate in the IDY 2023 function wherein there would be mass demonstration / practice and also distribution of the certificates. We can restrict the final number based on the space available. This function can be held at the convocation hall in the fort premises.
4. The Yoga teachings will be provided by Kaivalyadhama , the arrangements at the venue to be provided by the University.
5. For the final day it is suggested that Hon'ble Chancellor be the Chief Guest.



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I have been nominated as the Member of the Inter-Ministerial Committee set up for the PMO for IDY 2023 , and it is my earnest desire that we are able to host a meaningful program , continuing with our past trend.

In the past it has been Prof. Dinesh Panjwani who has been guiding us on these celebrations , hence I will request his inputs so that we can synthesise our approach towards these celebrations. This would be our 9<sup>th</sup> year of IDY celebrations with University of Mumbai.

warm regards

Subodh Tiwari  
Secretary |CEO

To,  
Prof. Ravindra Kulkarni  
Hon'ble Vice Chancellor  
University of Mumbai  
Fort Campus  
Mumbai

To  
Shri.Dinesh Panjwani  
Secretary H(S)NC Board  
Mumbai