Web site- www.nssmu.in
Vidyapeeth Vidyarthi Bhavan,
2nd Floor, 'B' Road, Churchgate,
Mumbai – 400 020.
No. NSS/ECD/2023-2024/773
Date: 30.09.2023

To,
The Principal,
All Colleges having NSS Unit, affiliated to University of Mumbai.

Sir/ Madam,

Sub: The fit India Freedom Run 4.0 from 1st -31st October, 2023 by all NSS units-Reg

Reference: D.O Letter No.KI/FITIndia/Freedom Run/2023 dated 27th September,2023

Dear Sir/Madam

      I am to refer to the subject and to forward the D.O letter received from the Secretary, Sports referred in the reference.

      In this regard, all College NSS units are requested to organise Fit India Freedom Run 4.0 from 1st -31st October, 2023.

      The Swachhata Freedom Run (Plog Run) has to be organised on 2nd October to mark Gandhi Jayanti and also from 3rd to 31st October, 2023, as per the convenience of NSS units The copy of the Standard Operating Procedure (SOP) of the Freedom Run 4.0 is attached herewith for further necessary action at your end.

      The important events to be organised by all NSS Units.

1. Fit Indian Freedom for 3kms with 50 NSS volunteers/Students on 2nd October
2. Fit Indian Freedom for 3kms with 100 NSS volunteers/Students on 3rd October

      Kindly fill the details in the Fit India Portal https://fitindia.gov.in/Fit-India-Swachhata-Freedom-Run-4.0 without fail.

      It is, therefore all NSS units/Programme Officers / Volunteers are requested to organize the fit India Freedom Run 4.0 from 1st to 31st October and upload details in the portal. Kindly see the SOP for all details.

      NSS District Co-ordinators may co-ordinate the above event with College NSS Units.

With regards,

                                    Yours sincerely,

Mr. Sushil Shinde
  OSD, NSS

                                    -- sd--
                            Mr. Sudhir S. Puranik
                            I/c, Director, NSS

Encl:- The copy of the Standard Operating Procedure (SOP) of the Freedom Run 4.0.