

 **fssai**

**WEST REGION**

**invites all to join**

**EAT RIGHT**

**MILLET MELA**

**M U M B A I**

**OCT 21 2023**

**venue:**

**MMRDA GROUND, BANDRA-KURLA COMPLEX**  
**NEXT TO BKC CONNECTOR**



**FSSAI WR cordially welcomes you to join us for**



# Walkathon

**#EveryStepCounts**

 **21 | OCT | 2023**  **06:30 AM ONWARDS**

**MMRDA GROUND, BANDRA-KURLA COMPLEX**

next to BKC connector

***Walk on the journey of embracing good health with FSSAI***

**Chief  
Guest**

**HON. SHRI. DEVENDRA FADNAVIS**  
DEPUTY CHIEF MINISTER, GOVT. OF MAHARASHTRA

**Register  
Now**

**Scan the QR code to register  
for the Walkathon!**



**AND**

# **EAT RIGHT MILLET MELA**

**MUMBAI**



**Fun-activity  
Zone**



**Live millets  
food stalls**



**Commemorating  
IYOM 2023**



**Exciting  
Competitions**



**Delightful Garba  
& Dandiya Night**



**Scan this QR code to learn  
more about the Youth  
Engagement Competitions**

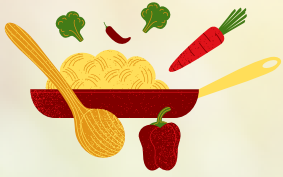
**FREE ENTRY FOR  
GARBA NIGHT  
7:30 PM ONWARDS**

FSSAI West Region office organizes

# EAT RIGHT MILLET MELA

21 | OCT | 2023 11:30 AM ONWARDS

MMRDA GROUND, BANDRA-KURLA COMPLEX  
NEXT TO BKC CONNECTOR



Live millets  
food stalls



Commemorating  
IYOM 2023



Exciting  
Competitions



Free entry to Delightful  
Garba & Dandiya Night

WE CORDIALLY INVITE YOU TO JOIN US IN THIS  
FUN-FILLED & ENLIGHTENING HEALTH INITIATIVE!

Exciting  
Competitions

**ON-SPOT MILLET RECIPE  
COMPETITION**

12:00 PM ONWARDS

03:00 PM ONWARDS

**POSTER MAKING  
COMPETITION\***

**PHOTOGRAPHY  
COMPETITION\***

03:00 PM ONWARDS

04:00 PM ONWARDS

**SKIT COMPETITION**

**BATTLE OF BANDS  
COMPETITION**

05:00 PM ONWARDS

Chance to win  
prizes from FSSAI

\*Entries to be submitted to the college representatives before 19th Oct. Only evaluation and Prize distribution will be done at the program venue. For more details scan the QR code.

COLLEGE WITH THE MOST NUMBER OF  
ENTRIES CUMULATIVELY WILL BE  
RECOGNISED DURING THE PRIZE  
DISTRIBUTION CEREMONY.



Scan this QR code  
to register & learn  
more about the  
Youth Engagement  
Competitions

Students are invited to participate in

**ON-SPOT**

**MILLET**

**RECIPE COMPETITION**

during

**EAT RIGHT MILLET MELA**  
**MUMBAI**

**OCTOBER 21, 2023 AT 12.00 PM**

**VENUE: MMRDA GROUND, BKC**

**NEXT TO BKC CONNECTOR**

**RECIPES CAN BE-**

**Sweet or Savoury**



**WIN  
EXCITING  
CASH  
PRIZES**

Scan the QR Code  
or [click here to register](#)



**POINTS TO REMEMBER:**

1. UG Final year/PG/Ph.D students to participate in the competition in groups of 2.
2. Recipes are to be prepared in 15 mins. The team can bring in half-cooked ingredients, although assembly of those ingredients should be done on the spot. Induction/Burner will be provided if required.
3. Only 120 spots are available. The entries will be considered on a first come first serve basis.
4. All members of the team should register through one single entry.

**For further details scan the QR code.**

Students are invited to participate in

# POSTER

## MAKING COMPETITION\*

WIN  
EXCITING  
CASH  
PRIZES

during

# EAT RIGHT MILLET MELA M U M B A I

**OCTOBER 21, 2023**

**@ 03:30 PM**

**DISPLAY VENUE:**

**MMRDA GROUND, BKC**  
NEXT TO BKC CONNECTOR

Scan the  
QR Code  
or click here  
to register



**Theme for the Poster Making Presentation:**

1. Millet Mindfulness
2. Millets: Full stop to malnutrition in India

**The competition is open for**

**BACHELORS (UG) , MASTERS (PG) AND PhD STUDENTS**

**from any discipline.**

**\*Entries to be submitted to the college representatives before 19th Oct. Only evaluation and Prize distribution will be done at the program venue.**

**For more details scan the QR code.**

Students are invited to participate in

# PHOTOGRAPHY

**THEME:**

## COMPETITION\*

WIN  
EXCITING  
CASH  
PRIZES

- i. Food Streets of India
- ii. Food for All

during

# EAT RIGHT MILLET MELA MUMBAI

OCTOBER 21, 2023 @ 03:30 PM

DISPLAY VENUE:

MMRDA GROUND, BKC

NEXT TO BKC CONNECTOR

**COMPETITION OPEN FOR UG, PG AND  
PHD STUDENTS FROM ALL DISCIPLINES.**

SCAN THE  
QR CODE  
OR  
CLICK HERE  
TO REGISTER  
AND KNOW  
MORE



## INSTRUCTIONS

- Each participant can submit only one photograph. Mobile photographs are also allowed. Should be an original work of the participant.
- It is compulsory to submit both a physical copy and an online entry. Photographs must be submitted with a watermark in footer (Author, date, time, and location).
- The online entry should be submitted via mail to sbcdfssai.wr@gmail.com. Images should be no larger than 5MB.

\*Entries to be submitted to the college representatives before 19th Oct. Only evaluation and Prize distribution will be done at the program venue.

For more details scan the QR code.

Student bands are invited to participate in

# BATTLE OF BANDS

during

**EAT RIGHT MILLET MELA  
MUMBAI**

THEME: **FUSION WITH FOLK**

WIN  
EXCITING  
CASH  
PRIZES

**OCTOBER 21, 2023 AT 5.00 PM**

## Eligibility:

- All band members should be enrolled in or alumni of UG/ PG/ PhD courses in any UGC-recognised college/ university.
- All members of the team should register through one single entry.

Scan the  
QR Code  
or [click here](#)  
to register



Scan the QR Code to know more.

**VENUE: MMRDA GROUND, BKC**

**NEXT TO BKC CONNECTOR**

STUDENTS ARE INVITED TO  
PARTICIPATE IN

# Inter-Collegiate Skit competition

The stage will be yours! Prepare to celebrate the year of millets!

**October 21, 2023**  
**@ 03:30 pm**

**venue: MMRDA GROUND, BKC**  
**NEXT TO BKC CONNECTOR**

during

**EAT RIGHT  
MILLET MELA  
MUMBAI**

**Theme:**

## Millets-the forgotten superfood

THE  
COMPETITION IS  
OPEN FOR  
BACHELORS,  
MASTERS AND  
PH.D STUDENTS.

ALL MEMBERS OF  
THE TEAM SHOULD  
REGISTER THROUGH  
ONE SINGLE ENTRY.

**WIN  
EXCITING  
CASH  
PRIZES**

SCAN THE  
QR CODE  
OR CLICK HERE  
TO REGISTER  
AND KNOW  
MORE

