

UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME



Web site- www.nssmu.in
Vidyapeeth Vidyarthi Bhavan,
2nd Floor, 'B' Road, Churchgate,
Mumbai – 400 020.
No. NSS/ECD/2024-2025/04
Date: 05.04.2024

To,

The Principal of Colleges affiliated to University of Mumbai having NSS Unit/s.

Ref:- Letter No. 17/7/NSS/RD Pune/2023-2024 / 07- 61 dated 05.04.2024

Sub:- Tele – Mental Health Assistance and Networking across State (Tele-MANAS) reg...

Dear Sir / Madam,

With reference to the above letter, Ministry of Youth Affairs and Sports, Directorate of NSS, New Delhi vide its letter F.No. P.32-1/NSS/ DTE/2023/415 dated 2023-2024, I am to inform you that Tele Mental Health Assistance and Networking across State (Tele- MANAS) was launched on 10th October 2022 by Ministry of Health and Family Welfare, Department of Health and Family Welfare which aims to provide free Tele mental health services all over the country round the clock having **helpline number 14416 OR 18008914416**.

In this regard all College NSS Units / Programme Officers are requested to give wide publicity to the Tele MANAS helpline number for the benefit of NSS Volunteers / College Students and Teachers and community in need of mental health and wellness services.

Looking forward for your co-operation.

Warm Regards,

Yours sincerely,

Mr. Sushil Shinde
OSD, NSS

Encl:- As above

Copy for information to 1) Regional Director NSS, NSS Regional Directorate, Pune.
2) State Liaison Officer and OSD, NSS, Government of Maharashtra