

UNIVERSITY OF MUMBAI  
NATIONAL SERVICE SCHEME



Web site- [www.nssmu.in](http://www.nssmu.in)  
Vidyapeeth Vidyarthi Bhavan,  
2<sup>nd</sup> Floor, 'B' Road, Churchgate,  
Mumbai – 400 020.  
No. NSS/ECD/2024-2025/631  
Date: 12.07.2024

To,

The Principal, All Colleges having NSS unit, affiliated to University of Mumbai.

Ref: letter received University Grants Commissions through Hon'ble Vice Chancellor, University of Mumbai.

Sub: Demand for mandatory BLS- Basic Life Support Technique Training in HEIs to reduce sudden cardiac arrest death rate reg.

Dear Sir / Madam,

With subject to above reference letter, Sudden cardiac arrest cases have become a leading cause of mortality in India, claiming thousands of lives each year. A study reveals an annual mortality rate of one crore in the country, with one million attributed to sudden cardiac arrest alone. The critical 3 to 10 minutes during cardiac arrest, as emphasized by cardiologist, could save 3.5 lakhs lives if bystanders performed chest compressions within this time frame. Unfortunately, a more than 0.1 percent of people are aware of Basic Life Support (BLS) techniques. Therefore, it is desirable to provide BLS training in the education sector, which could potentially save numerous lives.

The Secretary, University Grants Commission urges that, the education institutions should provide BLS training in consultation with the medical fraternity for the benefit of students, faculty and staff.

Looking for positive replay.

Yours Sincerely,

Mr. Sushil Shinde,  
O.S.D., N.S.S.

Encl:- above reference letter.



आचार्य मनिष र. जोशी  
सचिव

Prof. Manish R. Joshi  
Secretary



सत्यमेव जयते



विश्वविद्यालय अनुदान आयोग  
University Grants Commission  
(विश्व शिक्षा विभाग, भारत सरकार)  
(Ministry of Education, Govt. of India)

D.O.No.2-17/2024(CPP-II)

30<sup>th</sup> May, 2024 09 ज्येष्ठ, 1946


**Subject: Demand for mandatory BLS Technique Training in HEIs to reduce sudden cardiac arrest death rate- regarding.**

आदरणीय महोदया/महोदय,

As you are aware, Sudden cardiac arrest cases have become a leading cause of mortality in India, claiming thousands of lives each year. A study reveals an annual death rate of one crore in the country, with one million attributed to sudden cardiac arrest alone. The critical 3 to 10 minutes during cardiac arrest, as emphasized by cardiologists, could save 3.5 lakh lives if bystanders performed chest compressions within this time frame. Unfortunately, a mere 0.1 percent of people are aware of Basic Life Support (BLS) techniques. Therefore, it is desirable to provide BLS training in the education sector, which could potentially save numerous lives.

The Higher Educational Institutions are requested to provide BLS training in consultation with the medical fraternity for the benefit of students, faculty, and staff.

सादर,

भवदीय,  
  
(मनिष जोशी)

सेवा में,  
सभी विश्वविद्यालयों के कुलपति।  
सभी महाविद्यालयों के प्राचार्य।